Working with Boys & Young Men Webinar, 27th September 4 to 5 p.m.

**Promoting positive Relationships and Sex Education (RSE) with Boys and Young Men**

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**Working with Boys and Young Men in this area can often be seen as an additional challenge**

**If you work with Boys and Young men individually or deliver group work this webinar is for you.**

**The webinar intends to provide a better understanding of the issues involved whilst working with Boys and Young Men, leading to improved engagement**

**During this webinar we will be exploring and discussing:**

* **Some of the issues and influences, when working with Boys and Young Men**
* **Encouraging positive attitudes towards them maintaining ‘good sexual health’**
* **Ways to support the reduction of potentially ‘toxic’ behaviours**
* **Encouraging participants to look at developing their own practice, within this area of work**

**Additional information and resources on themes from the webinar**

**Documentaries/films**

<https://www.channel4.com/programmes/the-secret-world-of-incels-untold>

<https://www.channel4.com/programmes/consent> **50min film**

<https://www.channel4.com/programmes/men-for-sale-life-of-a-male-escort-untold>

<https://www.bbc.co.uk/programmes/m001q1n6> **- Andrew Tate documentary**

**Resources:**

[Challenging masculinity and the manosphere – Brook](https://www.brook.org.uk/your-life/challenging-masculinity-and-the-manosphere/)

[Countering online misogyny in the classroom – Brook](https://www.brook.org.uk/blog/countering-online-misogyny-in-the-classroom/)

[We need better Relationships and Sex Education in schools – Brook](https://www.brook.org.uk/blog/we-need-better-relationships-and-sex-education-in-schools/)

[Gender Stereotypes | Outspoken Sex Ed (outspokeneducation.com)](https://www.outspokeneducation.com/gender-stereotypes)

[The Good Men Project - The Conversation No One Else Is Having](https://goodmenproject.com/)

<https://www.boldvoices.co.uk/resources>

<https://www.menshealthforum.org.uk/>

[Guide for families - Lifting Limits](https://liftinglimits.org.uk/guide-for-families/)

[Resources for schools and families - Lifting Limits](https://liftinglimits.org.uk/resources-for-schools-and-families/)

[Resources from other organisations - Lifting Limits](https://liftinglimits.org.uk/resources-from-other-organisations/)

<https://www.vodafone.co.uk/newscentre/smart-living/digital-parenting/positive-masculinity-finding-the-best-role-models-online/>

<https://splitbanana.co.uk/blog/healthy-conversations-to-have-with-young-men>

<https://www.barnardos.org.uk/sites/default/files/uploads/boys-2-workbook-english.pdf>

[9001\_UoL\_DigitalCultures\_A4\_exploratory\_evaluation\_checklist\_v4.pdf (squarespace.com)](https://static1.squarespace.com/static/57dbe276f7e0abec416bc9bb/t/64bbbb9f42d9074f86013f0c/1690024863418/9001_UoL_DigitalCultures_A4_exploratory_evaluation_checklist_v4.pdf)

[9001\_UoL\_DigitalCultures\_A4\_Useful\_resources\_for\_schools\_on\_RSE\_v3.pdf (squarespace.com)](https://static1.squarespace.com/static/57dbe276f7e0abec416bc9bb/t/64bbbc30ca56155c950bb78e/1690025008807/9001_UoL_DigitalCultures_A4_Useful_resources_for_schools_on_RSE_v3.pdf)

[9001\_UoL\_DigitalCultures\_A4\_tips\_for\_digital\_self-care\_v3.pdf (squarespace.com)](https://static1.squarespace.com/static/57dbe276f7e0abec416bc9bb/t/64bbbd6bba30457534a8cce8/1690025324138/9001_UoL_DigitalCultures_A4_tips_for_digital_self-care_v3.pdf)

[Everyone's Invited (everyonesinvited.uk)](https://www.everyonesinvited.uk/)

<https://www.epigeum.com/courses/support-wellbeing/consent-matters-second-edition/> **University consent course**

<https://www.youngminds.org.uk/young-person/blog/toxic-masculinity-and-mental-health/>

**Videos:**

<https://www.london.gov.uk/maaate> Maaate campaign

<https://youtu.be/qbk3iJqmjNU> Have A Word

<https://youtu.be/td1PbsV6B80?si=NexP4_NwCvEXKnJT> -Tony Porter ( Man BOX)

<https://www.youtube.com/watch?v=OC7xv3wOauk> - Screwball Video

<https://www.youtube.com/watch?v=h1U0B3xTQyU> – Chunkz & Yinka talk nudes 2min 12s

[Having positive conversations with kids about sex (Outspoken / Speak Out series) - YouTube](https://www.youtube.com/watch?v=Ef_tP1sn4QM)

[3-minute speech: tackling male violence | Outspoken Sex Ed (outspokeneducation.com)](https://www.outspokeneducation.com/3-minute-speech-tackling-male-violence)

[TV, Videos & Podcasts - Lifting Limits](https://liftinglimits.org.uk/videos/)

**BISH UK resources:**

<https://bishtraining.com/rse-and-young-men/>

<https://www.bishuk.com/relationships/>

<https://bishtraining.com/shop>

<https://www.bishuk.com/about-you/how-to-be-a-man/>

[The Video Guide to Being a Man - BISH (bishuk.com)](https://www.bishuk.com/about-you/video-guide-man/)

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**Research & reports:**

[Everyone’s Invited would like to thank all those who shared their testimony on our website, because of you, the Government is taking sexual… | Instagram](https://www.instagram.com/p/CuT7YZCoOlH/?img_index=1) - 2023 Women and Equalities Committee report on attitudes towards women and girls in educational settings.

<https://revealingreality.co.uk/wp-content/uploads/2023/06/Revealing-Reality_Anti-social-Media_06-06-23.pdf> -what some vulnerable young people are seeing on snapchat – report.

<https://revealingreality.co.uk/wp-content/uploads/2023/03/Childrens-Media-Lives-Wave-9-Revealing-Reality-March2023.pdf> children’s media lives research report for ofcom

[Changing gender norms- engaging with men and boys government publication](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/952527/Changing_Gender_Norms-_Engaging_with_Men_and_Boys.pdf)

<https://journals.sagepub.com/doi/10.1177/1097184X221145959>

[Walking a Tightrope on (Hetero)Sexuality: Performatively Vigilant Masculine Subjectivity in Response to Sexualized Culture - Mario Liong, Lih Shing Chan, 2020 (sagepub.com)](https://journals.sagepub.com/doi/10.1177/1097184X17753267?icid=int.sj-full-text.similar-articles.1)

<https://neu.org.uk/sites/default/files/2023-03/NEU2718%20Sexism%20toolkit%20top%20tips%20BOYS%20C%20HQP%20WEB_1.pdf>

<https://www.equimundo.org/resources/man-box-study-young-man-us-uk-mexico/>

<https://www.equimundo.org/wp-content/uploads/2017/03/TheManBox-KeyFindings-EN-Final-29.03.2017-POSTPRINT.v3-web-1.pdf>

**News articles:**

[Sex education must engage boys to tackle harassment - MPs - BBC News](https://www.bbc.co.uk/news/education-66101396)

[Andrew Tate: How schools are tackling his influence - BBC News](https://www.bbc.co.uk/news/education-64234568)

[Half of men have had unwanted sexual experiences, UK study finds | Rape and sexual assault | The Guardian](https://www.theguardian.com/society/2021/feb/16/half-men-unwanted-sexual-experiences-uk-study-mankind)