

# The Outreach Team

**Who are we and what do we do to  
support your young people?**

Cat Thomas Outreach Sexual Health Nurse

# What actually is Outreach?

- Outreach is an activity of providing services to any populations who might not otherwise have access to those services.
- A key component of outreach is that the groups providing it are not stationary, but mobile; in other words they are meeting those in need of outreach services at the locations where those in need are.
- In addition to delivering services, outreach has an educational role, raising the awareness of existing services.
- Outreach is often to fill in the gap in the services provided by mainstream.

Why

Who

Where

What

When

How



# WHO is it for?

**No clear definition of a young person who is vulnerable, however there are known risk factors:-**

- Living in an area of Social Deprivation
- Low Education Attainment
- Poor School Attendance / Not in education, employment or training
- Children Looked After & Care Leavers
- Young Offenders
- Poor Mental Health & Learning Disabilities
- Alcohol / Substance Misuse
- Domestic Violence
- Asylum Seekers & Refugees
- Faith and Culture Groups
- Teenage Parents
- Sexually abused child / being sexually exploited
- Homelessness
- Previous identification of vulnerability (child protection plan/known to Social Care)
- Being under 13 and sexually active
- Unsure of sexuality

# Why???

- Vulnerable people :-
- High numbers of sexual partners
- Least access to (sexual health) services
- Least confidence in 'helping' professionals
- Higher rates of unplanned pregnancies
- Higher risk of STI's
- Greater risk to psychological well being

# Who refers to service?

- MW
- Family Nurse Partnership
- BPAS
- Voluntary service
- Looked after Nurse team
- PAH safeguarding
- Pharmacy after EHC
- HV
- School
- School nurses
- Youth workers
- In-service

<https://www.letstalkaboutit.nhs.uk/referrals/outreach-nurse-referral/>

# How?

- In service add to Work list for your area
- Email:  
[SNHS.SexualHealthOutreachWest@nhs.net](mailto:SNHS.SexualHealthOutreachWest@nhs.net)  
[SNHS.SexualHealthOutreachEast@nhs.net](mailto:SNHS.SexualHealthOutreachEast@nhs.net)
- Phone direct to Nurse
- Call SPA to add to clinic WL

# Where?

## Outreach covers:

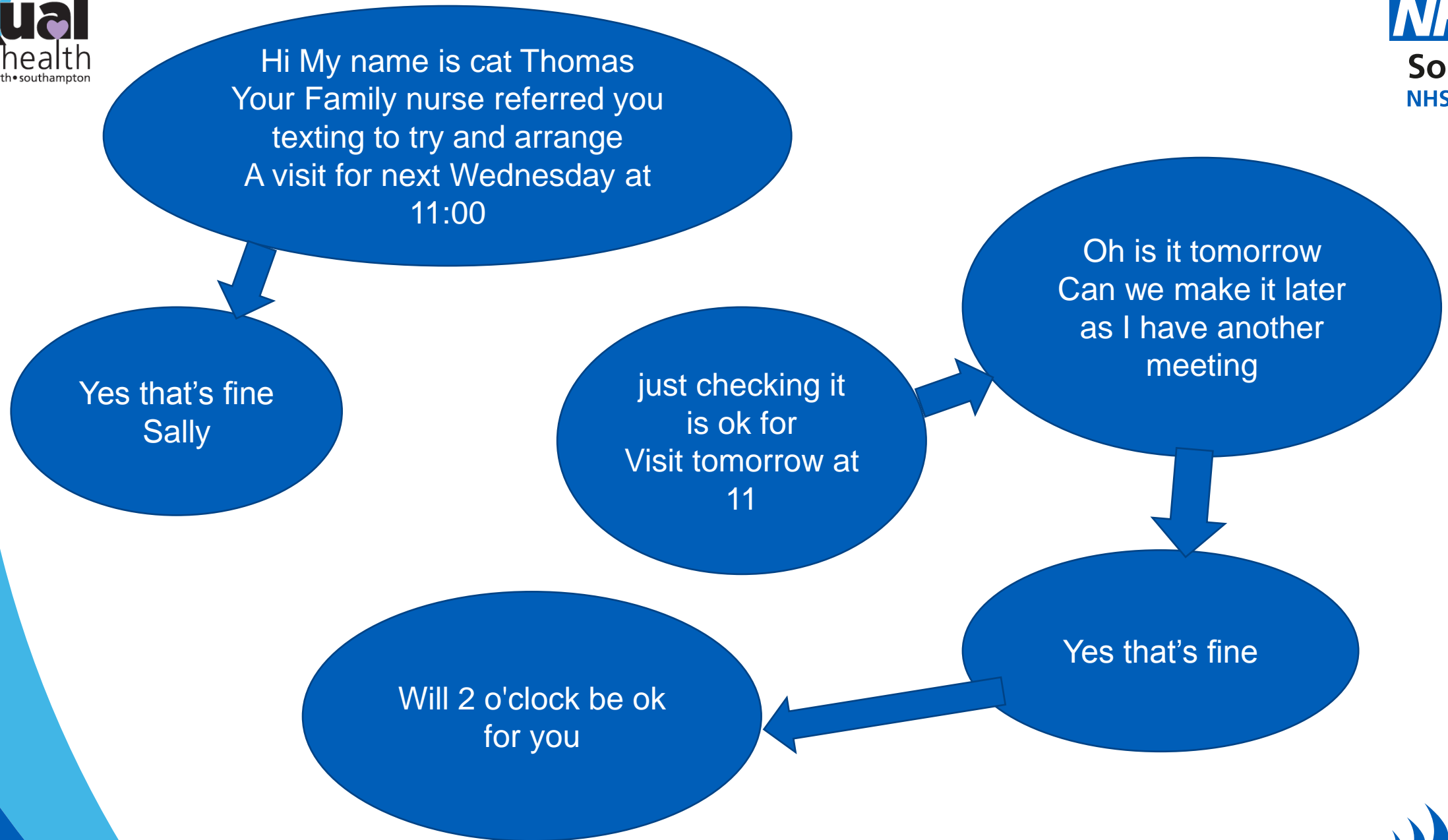
- Southampton
- Portsmouth
- Andover
- Winchester
- Basingstoke
- Aldershot
- Hart
- New Forest



# What/ When/ How?

- Referrals should be contacted as per KPI Within 48 hours of receiving it
- BPAS follow up with in 48 hours and at 3 months
- Phone calls/ texting /emailing
- Home Visits
- School / college clinics
- Screening TDL kits

# Contacting Clients



# Sally's not at home 😞



# Reality

- Outreach nurses spend a lot of time trying to see / contact Young People after referrals have been made
- It is important if you make a referral or add to WL that you let them know your are doing this
- Give the OR team as much information about why you have referred them , even on WL
- We will make numerous attempts to contact the YP but sometimes we just don't get anywhere.

# Figures

Across service

684 referrals

June 2017 to June 2018

# Good practice

- Young person referred from Pharmacy
- Contacted via text to support
- Signposted to local clinic for follow pregnancy test contraception and screening
- School/ college clinics including LARCS fitting/ Pregnancy testing /TDL kits
- Follow up of YP after been seen in clinic
- BPAS support and follow up



# Specialist Clinics



**ROSE**  
Clinic

Risk of Sexual Exploitation



Clinic  
**Xtra**

Men who have sex with men



**SHIELD**  
Clinic

Service users with Learning Disabilities



# Questions



# Thank you

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