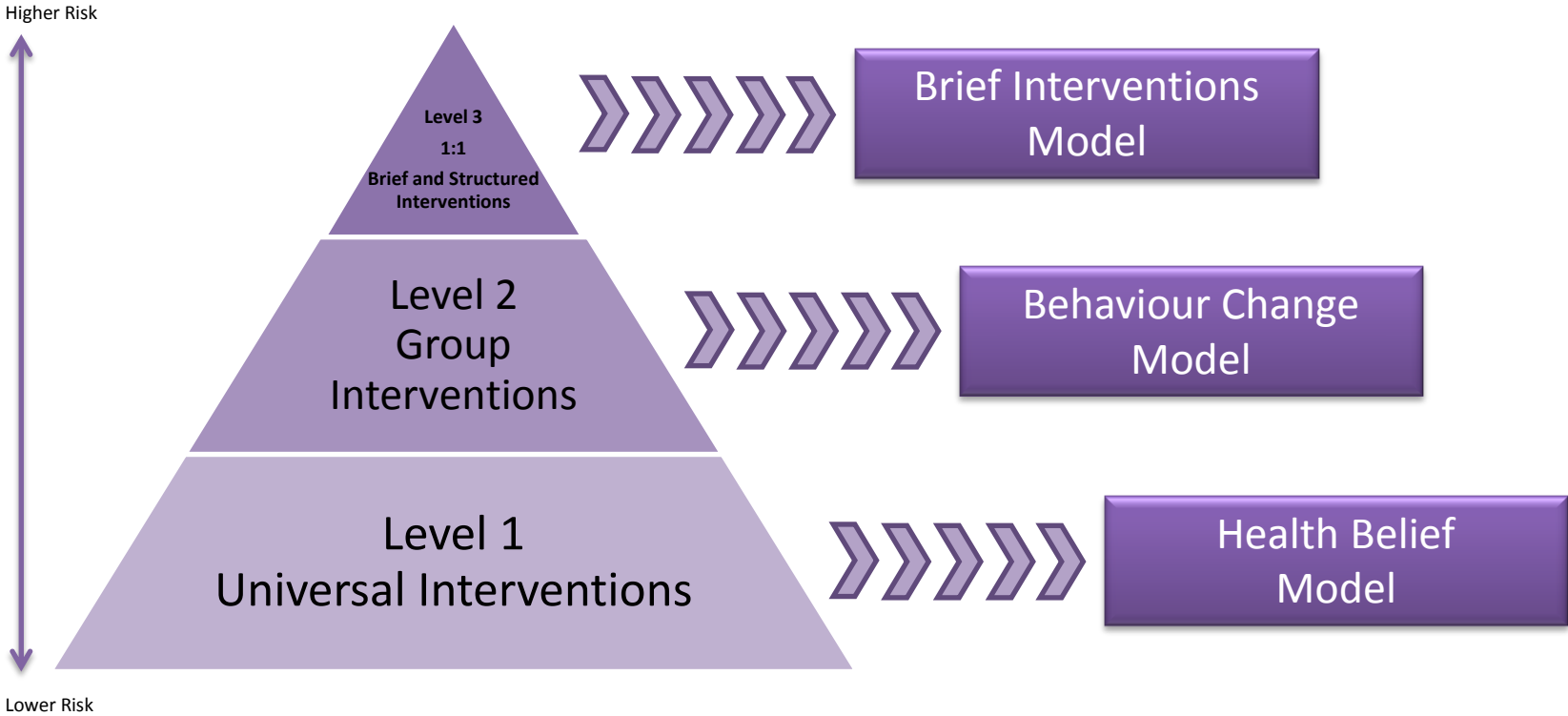
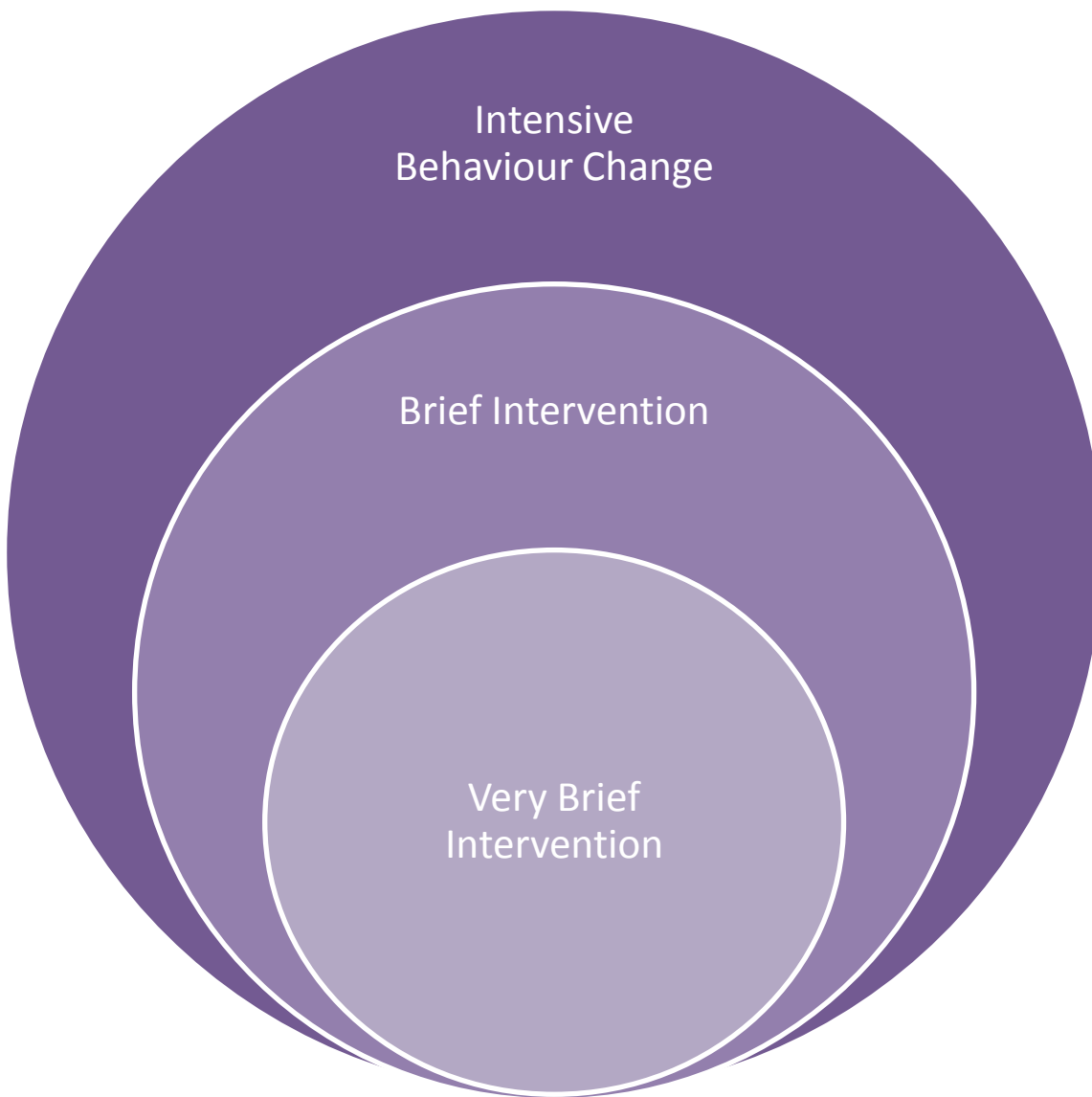


# Sexual Health Promotion Behaviour Change Interventions



# Brief Interventions Model



Intervention	Models	Types of Activity
Intensive Behaviour Change	Stages of Change Health Belief Model Wider Determinants of Health Motivational Interviewing	Referred interventions Multi-Issue interventions Referral to specialist services Multi-session support programmes
Brief Intervention	Stages of Change Health Belief Model Health Education Motivational Interviewing	Condom Teach Extended advice giving Multi-issue conversations Signposting to specialist services
Very Brief Intervention	Health Belief Model Health Education Motivational Interviewing	Advice Giving Signposting Condom Distribution (only) Single issue conversations