Female Genital Mutilation Workshop

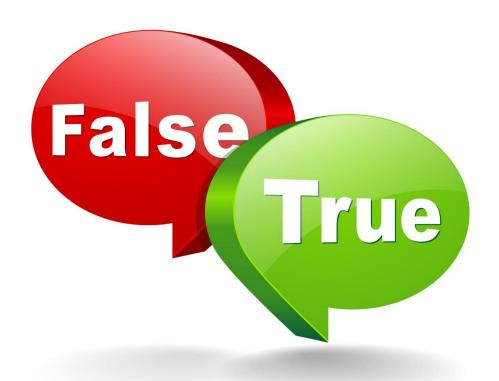


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Aims

- Listen to the voices of survivors
- What is FGM?
- FGM Legislation
- Roles and Responsibilities
- Local FGM documents
- FGM Prevalence
- Local Context
- FGM and Mental Health

FGM Quiz



NSPCC: Ending Female Genital Mutilation (FGM)



https://www.youtube.com/watch?v=04qAO5ZzZdY

What is Female Genital Mutilation?

Female genital mutilation (FGM) is the partial or total removal of external female genitalia for non-medical reasons. It's also known as female circumcision or cutting (NSPCC).

There are 4 type of FGM:

- Type I: Clitoridectomy: partial or total removal of the clitoris;
- **Type II:** Excision: partial or total removal of the clitoris and the labia minora, with or without excision of the labia majora;
- Type III: Infibulation: narrowing of the vaginal opening through the creation of a covering seal:
- **Type IV:** Other: all other harmful procedures to the female genitalia for non-medical purposes, e.g. pricking, piercing, incising, scraping and cauterizing the genital area.

FGM by Type

Commissioning Region ³	Not Recorded*	Not stated or unknown ⁵	Type 1	Type 2	Type 3	Type 4	History of Type 3	Type 3 - Re-infibulation Identified	Total
London	5	330	150	95	100	30	20	10	735
Midlands and East of England	35	125	45	40	20	35	5	0	305
North of England	5	195	85	65	35	25	5	5	415
South of England	20	140	40	20	25	10	5	5	260
Total	65	795	335	225	180	95	30	10	1,745

Some key Facts & statistics about FGM

FGM – some key statistics

- Between January 2018 March 2018; 1,745 attendance to NHS Trusts and GP practices
- In this period 1,030 newly recorded cases
- Average age at attendance is 31
- 87% of women and girls were under 18 when FGM was performed
- Majority of the cases are carried out in Africa
- What we see in the UK is mostly piercings.

FGM by Age

Commissioning Region ³								Age	e at atter	dance ²
	Under 10	10 and under 18	18 and under 25	25 and under 30	30 and under 35	35 and under 40	40 and under 45	45 and under 50	50 and over	Total
London	5	5	90	170	220	160	65	15	5	735
Midlands and East of England	5	5	25	95	95	60	20	5	5	305
North of England	5	5	65	110	115	70	25	5	10	415
South of England	0	5	30	60	80	65	20	5	0	260
Total	5	15	215	445	515	360	135	30	20	1,745

Source: NHS Digital

Values 1-7 are rounded to 5 - all other values are rounded to the nearest 5.

FGM – some key statistics

- Between April 2015 and December 2017, <u>15,390</u>
 patients with FGM were treated in the NHS
- Over 50 per cent of patients treated in the NHS were treated and live outside of London (between April 2016 – March 2017)
- More than <u>200 million girls</u> and women alive today have been cut in the 30 countries in Africa, Middle East and south east Asia where FGM continues to be practiced
- Across the world, FGM is mostly carried out on young girls sometime between infancy and age 15
- FGM is a violation of the human rights of girls and women

FGM Facts

- There is no religious or medical reason for FGM
- FGM can happen at any age before marriage
- FGM can be dangerous if there is blood loss and infection
- FGM is abuse, and it's illegal in the UK and a violation of the human rights

Legislation







Human Rights

1989 UN Convention on the rights of the child

Article 24 states:

Human Rights

"Parties shall take all effective and appropriate measures with a view to abolishing traditional practices prejudicial to the health of children..."

2012 UN General Assembly resolved to abolish
 FGM.

The Law and FGM

1985 Prohibition of Female Circumcision Act

- Female genital Mutilation Act 2003
 - All permanent UK residents and UK nationals
 - Either in UK or abroad
 - 14 year prison term

2015 Serious Crime Act

The Law and FGM

2015 Serious Crime Act

- Mandatory reporting duty
 - Health care, social workers, educational staff mandatory responsibility to report all new cases of FGM in under 18's to the police within 30 days of disclosure.
 - This includes WHO 4 FGM e.g. Piercing.

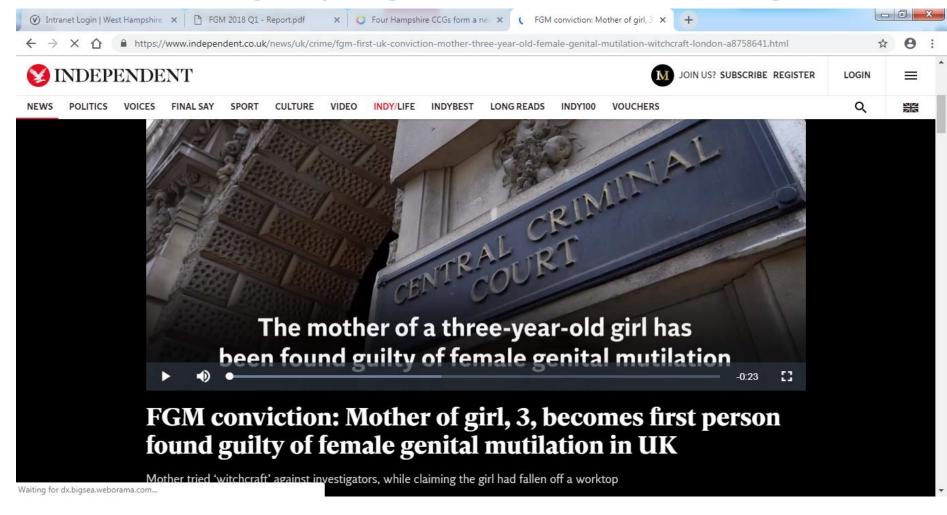
The Law and FGM

Serious Crime Act 2015

- FGM Protection Order
- Breach of FGMPO 5 year prison term
- Removal passports, condition of travel, support from home office whilst abroad, protection order in UK.

First FGM Prosecution in the UK

FGM: Mother guilty of genital mutilation of daughter



Roles and Responsibilities

Group Work



Group Work



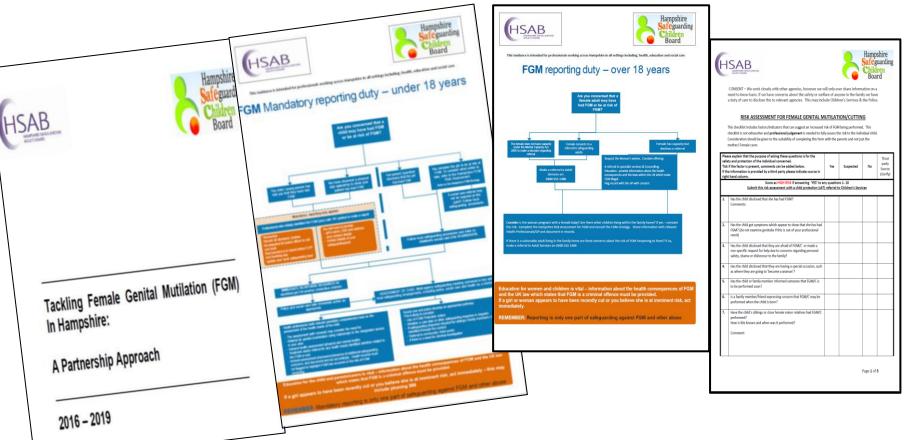
Consider your role and responsibilities in the following scenarios:

A 10 year old (resident of the UK) attends St Bells' School in Basingstoke, has just told her school teacher and the classroom assistant that she is going to Somalia for her summer holiday and there is a party being planned for her. Her mother and grandmother have told her they had the same party at her age and the 10 year old is really looking forward to the party. She has been promised a really nice present. She attends one of the local Scouts Club.

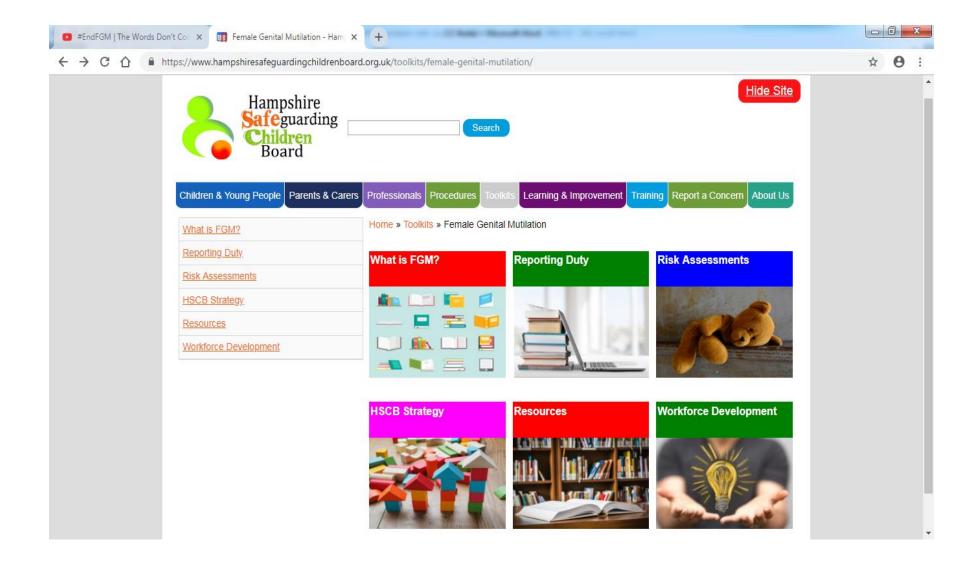
- What are the risks/Risk Assessment
- What are your next steps
- What resources will you use to support your next steps
- ☐ How will you explain the next steps to the 10 year old
- ☐ How will you manage different in professional opinion

Local FGM Documents





HSCB FGM Toolkit



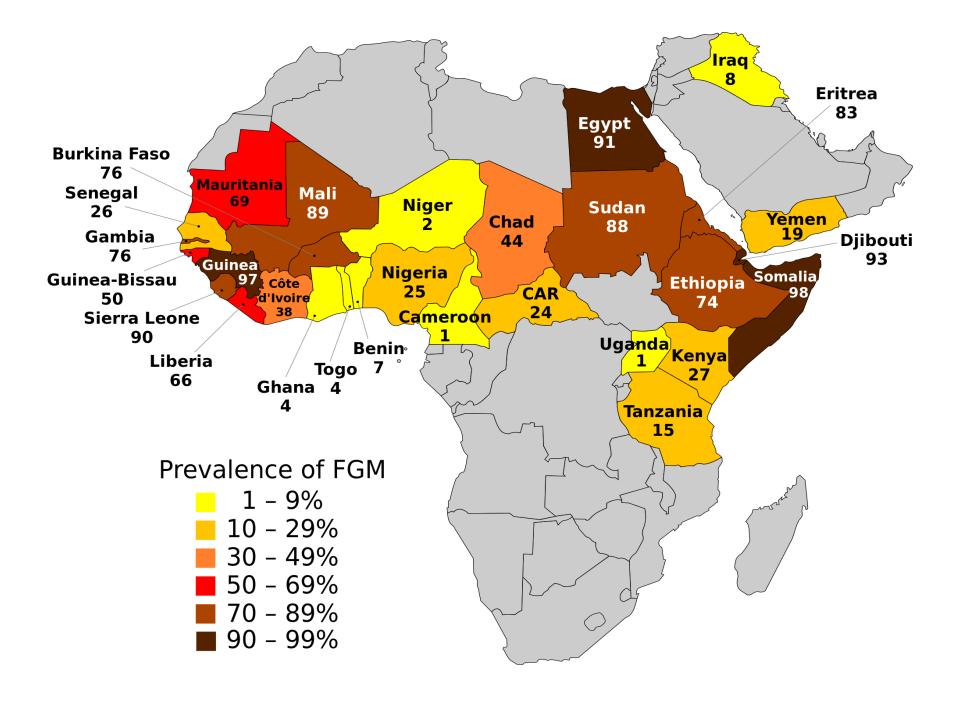
HSCB / HSAB FGM A partnership approach 2016 -2019

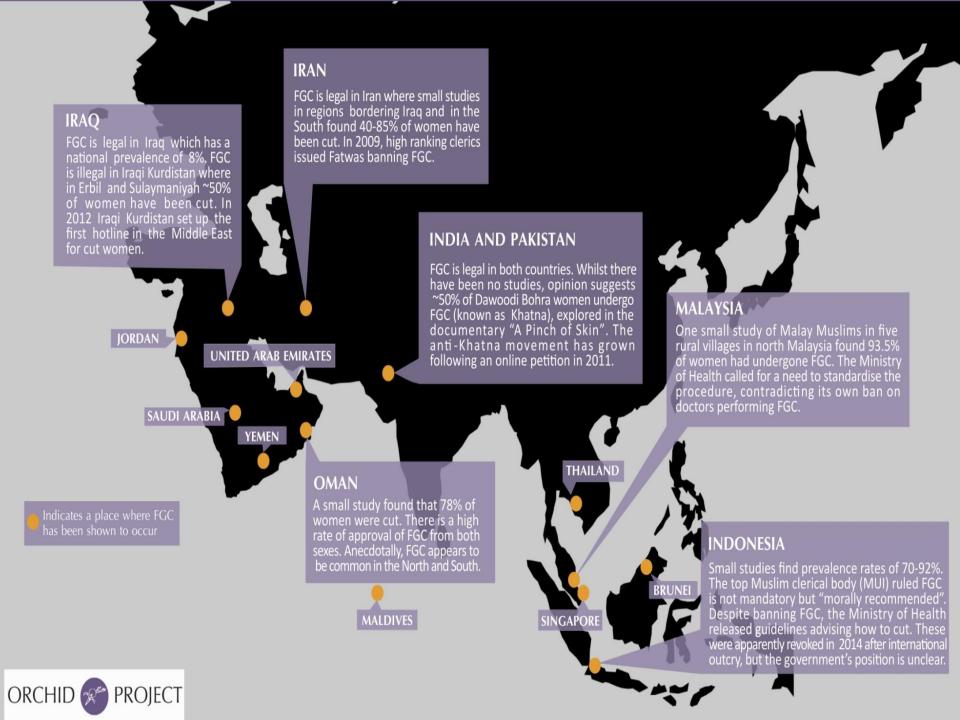
HSCB/HSAB strategy rests on two fundamental premises:

 Female Genital Mutilation (FGM) is a form of violence against women and girls

 The practice is illegal in the UK and it is also illegal to take a British national or permanent resident abroad for FGM or to help someone trying to do this

FGM Prevalence





Local context

July 2015

- Hampshire 344
- 27 of these <15 years old
- Havant, New Forest and Test Valley to 2.5 per 1000
- Portsmouth and Southampton 3 per 1000
- Basingstoke and Deane 1.1 per 1000
- Rushmoor 0.9 per 1000



FGM and Mental Health

One study showed consistent rates of PTSD in women with FGM compared to adults who were abused in childhood. All but one participant remembered FGM happening as "extremely appalling and traumatizing"

More than 90% of the women described feelings of "intense"

More than 90% of the women described feelings of "intense fear, helplessness, horror, and severe pain"

Over 80% "still suffering from intrusive re-experiences of their circumcision".

For 78% of the subjects, FGM was performed unexpectedly.

MH problems added to by social difficulties/isolation

- poor housing
- language barriers
- poor access to healthcare

http://pb.rcpsych.org/content/pbrcpsych/early/2015/08/11/pb.bp.114.047944.full.pdf

Women may not associate FGM with experiences they are having

- Talking about FGM is Taboo
- They may have also been victims of rape, torture and conflict
- They may have had to leave families or children behind

Symptoms might include:

- Flashbacks
- Sleep disturbances and nightmares
- Panic attacks
- Sexual dysfunction
- Depression & Anxiety

FGM Clinics in the UK

- FGM Clinic at University College Hospital London started
 2002
- FGM Clinic at University College Hospital London For Children
- African Women's Clinic
- Chelsea and Westminster FGM Service Chelsea and Westminster Hospital NHS Trust
- Bristol Community Rose Clinic at East Trees Heath Centre
- Oxford Rose Clinic



FGM Useful Resources



HSCB FGM documents and information

http://www.hampshiresafeguardingchildrenboard.org.uk/wp-content/uploads/2016/11/FGM-Strategy-October-2016.pdf

 FGM, Breast Ironing, Honour-Based Violence and Female Genital Mutilation (FGM)

http://www.hampshiresafeguardingchildrenboard.org.uk/professionals/fgm-breast-ironing-honour-based-violence/

New NHS FGM Website

www.england.nhs.uk/ourwork/safeguarding/our-work/fgm/

Training

Free e-Learning for health staff

Free e-Learning through the HSCB virtual college

Free e-learning through the home office

