

# Thrush (Candida)

## Sexual Health Services

### Information for patients diagnosed with thrush (candida)



#### Key points



If you get thrush more than once you should go to your GP or pharmacy for medicine.

If you want to talk to somebody:

☎ 0300 300 2016

[www.letstalkaboutit.nhs.uk](http://www.letstalkaboutit.nhs.uk)

#### Why have I been given this leaflet?

You have been given this leaflet because you have been diagnosed with thrush, also known as candida.

This leaflet will explain a little bit more about the condition, treatment and advise what you need to do should symptoms reoccur.

#### What if this happens again?

If you get the same symptoms again and recognise that it is thrush, we would ask that you either:

- Attend your GP surgery for treatment
- Purchase treatment from your local pharmacy

If you return to Solent Sexual Health Services with the same condition we will be unable to treat you, and we will advise you to do one of the above.

#### Times when we will be able to see you again

There are occasions when Solent Sexual Health Services will be able to see you again if you have had thrush more than once.

To be seen by us, any of the following circumstances must apply:

- You have had more than four episodes of thrush in one year
- Your symptoms do not settle after treatment for thrush
- You experience different symptoms to those you had when you were first diagnosed with thrush
- You have a new sexual partner since your last treatment and wish to have a check for sexually transmitted infections.

Please tell us how you feel about the services we provide.

If you have a compliment, concern or complaint please contact the Patient Advice and Liaison (PALS) and Complaints Services on 0800 013 2319 or [snhs.solentfeedback@nhs.net](mailto:snhs.solentfeedback@nhs.net)

Alternatively, visit: [www.solent.nhs.uk/contact-us](http://www.solent.nhs.uk/contact-us)

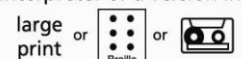
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please contact ☎ 023 8082 5300